



University of Brighton



Awareness of Cardiovascular Disease (CVD) Risk Factors among South Asian population in the UK

Aim of the Study

This study aims to explore awareness and understanding of cardiovascular disease (CVD) risk factors, among South Asian adults living in the UK.

What does participation involve?

Participants will be asked to complete an online questionnaire which will take approximately 10–15 minutes.

Who can take part?

Adults aged 18 years and over living in the UK. No medical diagnosis or prior knowledge is required.

Ethical Approval

This study has received a Favourable Ethical Opinion from the relevant Ethics Committee (BREAM Application ID: 16503).

Study End Date

Data collection will close on: 20/05/2026.

Contact Information

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Course Details

MSc Cardiovascular Health and Rehabilitation
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Survey Link: <https://app.onlinesurveys.jisc.ac.uk/s/brighton/cvd-awareness>